

FIRST WORKSHOP organised by THE NEW GROUP : NordiskaBal

SWEDISH MUSIC AND DANCE COURSE

12TH -14TH August 2013 in MONTCEAUX-L'ETOILE (71 110 - Saône et Loire, France)

In the heart of the Brionnais (South - Burgundy), the new-born association « NordiskaBal » offers you a little Swedish jaunt for musicians (all instruments) and dancers in a want for practising music and dancing thus sharpening your sense of the specific characteristics of this repertoire.

Professional participation, course leaders :



Carina Normansson (violon)

« Riksspelmän », she has been given the title of National Folk Musician" of Sweden and is known way beyond the borders in different constelations : « Swäp », « ÄNGLAR », « Efter Speltina », « Trio Schedin ». The refinement of her bow-play can, but charm you.

Playing duo with Lars Fredriksson she plays « the old way » with passion, energy and great complicity.



Lars Fredriksson (violon)

a loner, living in the middle of the Swedish forest. He loves Nature, music, France and, 'la Bourrée'. He would be unable to live, or go anywhere without his fiddle : his violin is always with him. He knows the musics springing out from Swedish tradition through his meetings with the elder ones. His bow-play, extremely sensitive, burst with accuracy and simplicity .



Josefina Paulsson (nyckelharpa)

She comes from Västmanland. She was given the title of "riksspelman" in 2008 for her nyckelharpa play in « the traditional Uppland way » but the Västmanlands tunes are important to her. With Carina Normansson and Gunnar Liss, « Trio Schedin » she recorded, in 2012 the Cd "Trio Schedin- Tre i trä, resonans och friktion", in memory of Jon Erik Schedin, born in 1870.



Jan-Gunnar Paglert, « Palle » (dance)

He lives in Örebro, but his roots are in the Jämtland. Already an experienced dancer, he discovers the gammaldans (old dance) and the univers of polka in the 80s. He hosts several workshops and courses in Sweden. Partner with Beret Bertilsdotter, he has already come several times to France and assisted Josiane in Saint Gervais d'Auvergne last summer.



Josiane Rostagni (dance)

Dancer living in France, she particularly loves Swedish dances (which she discovered in the 80s), She has now been working for several years with different Swedish masters. Qualified in this repertoire, she teaches in France and abroad.

[« Stort Silver 2008 », « Bygdedans från Föllinge 2010 »]

This workshop/course is supported by the following : « Le pays Charolais », le Conseil Général, le Conseil Régional, la Commune de Montceaux l'Etoile, l'association « Connaissance des Musiques Traditionnelles Nordiques », la Banque Populaire.

CONTENT

Music: The melodies will be sent beforehand to registered participants, courses are hold in English. ANY ACCEPTED MUSICAL INSTRUMENTS.

Dance : Polskas, Bakmes, Bygdedans schottis, snoa , polkett, vals, hambo) specific to regions and villages. Work will put stress on easiness of movement, relation to space, the partner and the music.

OUTFIT

For the dancers : Shoes with hard, smooth leather soles enabling to glide over the floor. Soles to be cleaned before start.

LEVEL

For the musicians : Knowledge of their instrument. For the dancers : knowing the basics of polkas, spinning with ease in a French valse.

NUMBER OF PARTICIPANTS :18 musicians (all instruments) et 24 dancers maximum.

PRIZE/FEE

PEDAGOGICAL COSTS only

	Members		Non members	
	Before 31/03/13	After 31/03/13	Before 31/03/13	After 31/03/13
Music	100 €	125 €	125 €	150 €
Dance	80 €	100 €	100 €	125 €
Dance - couple	150 €	180 €	180 €	220 €
Membership 2013 of the association NordiskaBal			10 euros (individuel)	

SCHEDULE

16 hours of lessons (Monday 10.00am - Wednesday 01.00 pm) – Dance/Ball Monday evening, concert in the church + ball Tuesday evening – Assessment and assembly of the association Wednesday afternoon.

MEALS

Have breakfast in the « café » of the village and in the campsite - Meal prepared for the camping noon and evening (upon registered request) - Fast food on the place during the training course : "La Caravane Passe" - Supermarket and any businesses at 8 km

ACCOMMODATION

Camping (40 places) + 4 equipped caravans , campers can be parked for free (20 places), nearby Bed and Breakfasts (addresses on your request), Rooms at the inhabitant, hotels...

PLACE

Montceaux-l'Etoile (71 110) : *salle des fêtes, mairie , église* (town hall, and gathering rooms, church). 40 km far from Festivallier, between Gennetines and St Gervais d' Auvergne

Further Information : : Maroussia Laforêt 00 33 (0)3 85 25 22 04 / Mel : ma-laforet@orange.fr

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PRE-INSCRIPTION BULLETIN to be returned before the 31th of Marsh 2013

Inscriptions will be taken in order of arrival of this bulletin + 50 € : Reservation + 10 € : Membership

Name, first name :

Member YES NO

I am over 18 YES NO

I am covered by a personal insurance (compulsory) YES

Adress & telephone, electronic adress :

I participate in these courses of Swedish music and folk dances from 12th to 14th of August 2013 as :

Musician, and I play (instrument) :

Dance :

I join to this bulletin 50 euros deposit for each person to make my reservation , bank or postal cheque to the Association « NordiskaBall » I join a stamped envelop with my name and adress on it. Use the back of this bulletin to answer –

don't forget to sign and date it.

To have IBAN, please, contact Maroussia